



Snap Fitness would like to thank the Geneseo School District for partnering with us to provide their employees a **35%** discount.

This discount is good through all of **2015**

**In 2015 we will continue Fit Scores:** either Snap Fitness, Military (or both), includes endurance and strength tests, flexibility, weight, body fat, hydration level and blood pressure so you can track your progress.

**Need help getting started?** Combine the Fit Score with our 12 week beginner program.

Snap Fitness has over 1200 clubs nationwide and overseas and you will have access to all of them as a Snap Fitness member. In the Geneseo Snap Fitness, each cardio machine is equipped with its own cable TV. Along with the standard weight machines we've also added some functional fitness items such as kettle bells, various heights of plyo boxes and a TRX that is either door mounted or suspended, depending on the workout you would like. Our new location also includes 2 private showers and a state of the art Fitness on Demand room.

Our new Fitness on Demand room allows members to take classes on their own or with their friends "on demand". Say you are interested in a spin class, to get started you can select your spin class on a kiosk mounted by the door. Once your class is selected you enter the room, get your bike from the back of the room and follow the instructor who will appear on the 120" video screen in the front of the room. New classes are added periodically and there are currently over 51 different classes. The Fitness on Demand room also has a flat screen TV/DVD available so you can bring in DVD's and do a workout of your own. The room will be available on a first come first serve basis but there will also be specific allocated times for different classes to accommodate members who want to do classes together. The managers will actively work with the members so we can get everyone doing the classes they would like.

All of the above is included in your membership. Fee schedule is as follows:

Monthly:

Single: \$22.72/month (regular \$34.95)

Family: \$32.47/month (regular \$49.95)

Global Access Card: \$20 one-time fee. This card gets you into any Snap Fitness

Discounts also apply for prepaid memberships.

Stop by or call during staffed hours: M-TH 4pm-7pm, MWSat 9am-noon: 944-4335