GENESEO CUSD #228 CAFETERIA PRODUCTION REPORT

| 2010-11 | # OF DAYS BREAKFAST SERVED | TOTAL # OF BREAKFASTS SERVED FOR MONTH | # OF DAYS LUNCH SERVED | TOTAL # OF LUNCHES SERVED FOR MONTH | TOTAL LOCAL REVENUE FOR MONTH | TOTAL # OF ABSENT EMPLOYEE DAYS PER MONTH | # OF SUBSTITUTE WORKER DAYS PER MONTH |
|-----------|----------------------------------|---|------------------------------|--|--|---|---|
| MONTH | | | | | | | |
| August | 11 | 3500 | 11 | 21500 | \$94,583.60 | 35 | 26 + 6^ |
| September | 21 | 8396 | 20 | 39438 | \$89,462.90 | 64 | 48 |
| October | 19 | 8084 | 19 | 37251 | \$89,550.45 | 58 | 47 + 13^ |
| November | 17 | 7188 | 17 | 32972 | \$87,594.73 | 40 | 41 + 37^ |
| December | 16 | 6317 | 16 | 30721 | \$68,823.58 | 39 | 8 |
| January | 15 | 5558 | 15 | 28528 | \$79,762.48 | 26 | 12 |
| February | 15 | 5920 | 15 | 29207 | \$73,940.20 | 26 | 20 + 4* + 23^ |
| March | | | | | | | |
| April | | | | | | | |
| May | | | | | | | |
| June | | | | | | | |
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^{*} added number is for employee training

[^] added number is for open positions

WELLNESS COMMITTEE MEETING THURSDAY, FEBRUARY 17, 2011 – 3:30 P.M. GENESEO UNIT OFFICE

Committee Members Present

Linda DeSmith, Nancy Dale, Julie West, Tom Ryerson, Deb Rokis, Michele Hepner, Anne Marie Stone, Deanna Coulter, Paula Glawe, and Jack Schlindwein

Review of October 7, 2010 Sub-Committee Meeting Minutes

The minutes from the Wellness Sub-Committee Meeting were reviewed. At this meeting, the new District Policy 7:285 was discussed and recommended for approval by the Geneseo Board of Education. Nutrition and Physical Activity were also discussed at this meeting.

Board Policy 6:50 – School Wellness

Policy 6:50 was approved by the Geneseo Board of Education on April 16, 2009. This policy was reviewed again by the members of this committee. The only recommended change would be in the first paragraph on the first page of the policy. The year of the Child Nutrition and WIC Reauthorization Act of 2004 should be changed to 2010.

Board Policy 7:285 – Food Allergy Management Program

Copies of Board Policy 7:285 and 7:285-AP were distributed and reviewed. This policy was just approved at the November 11, 2011 Geneseo School Board Meeting. As a result of this policy, two new members were added to this Committee. Both of these members have students in the District with food allergies. They shared their thoughts with the group. Currently, both of them are very pleased with the services and accommodations that the schools are making for their children.

Nutrition

The list of "Healthful Food and Beverage Options for School Functions" was briefly reviewed. Mr. Schlindwein informed the group that all of the schools were given copies of this in August of 2010. Most of the people thought the list was useful.

Ms. Hepner explained to the Committee the "Limited Fat" issue that may be coming from the Federal Register in the near future. The pros and cons of these "rules" were briefly discussed.

This Committee continues to recommend that teachers stress the importance of good eating habits in the classroom.

Physical Activity:

The District continues to align their physical education curriculum with those outlined in the Illinois Learning Standards. Physical education instruction takes place at the elementary level three (3) days per week and is taught by the P.E. teacher. Two (2) days a week the classroom instructor is responsible for the P.E. instruction. At the middle school and high school levels, P.E. is taught every day of the week.

Mr. Schlindwein will check with Dr. Swanson on how the topics of nutrition and fitness fit into the K-8 curriculum.

Even with a well-outlined physical fitness program being implemented in the District, we still have a large percentage of students in the District that are overweight and obese. Mrs. Rokis presented the Committee with a "Summary of Children's BMI-for-Age" (see attached reports for elementary, middle school, and high school information). According to these reports, 35% of our elementary students are considered overweight or obese; 30% or our middle school students are considered overweight or obese; and 37% of our high school students are considered overweight or obese.

Other:

Mrs. DeSmith, M.S. nurse, asked that a time be set up at the beginning of each school year for the nurses to meet with the teachers of students that have special needs (i.e.: food allergies, diabetes, etc.). This meeting will be beneficial for the students, parents, and teachers. Mr. Schlindwein will share this request with the District's Professional Improvement Committee.

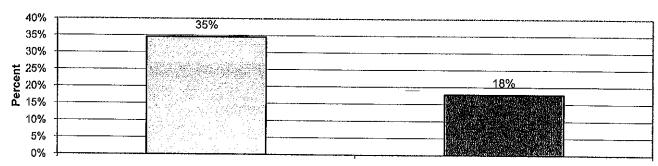
Mr. Schlindwein told the Committee that this information would be shared with the Board of Education at their March 10, 2011 Meeting. The Committee adjourned at 4:05 P.M.

Elementary Schools K-5⁴⁴
Summary of Children's BMI-for-Age

| | Boys | <u>Girls</u> | Total |
|------------------------------------|------|--------------|------------|
| Number of children assessed: | 439 | 417 | 856 |
| Underweight (< 5th %ile) | 0% | 1% | 1% |
| Normal BMI (5th - 85th %ile) | 64% | 65% | 64% |
| Overweight or obese (≥ 85th %ile)* | 36% | 34% | 35% |
| Obese (≥ 95th %ile) | 19% | 16% | 35% 18% |

*Terminology based on: Barlow SE and the Expert Committee. Expert committee recommendations regarding the prevention, assessment, and treatment of child and adolescent overweight and obesity: summary report. Pediatrics. 2007;120 (suppl 4):s164-92.

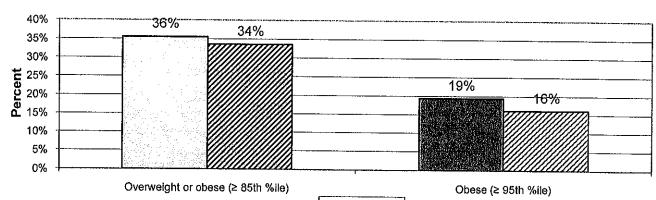
Prevalence of Overweight and Obesity



Overweight or obese (≥ 85th %ile)

Obese (≥ 95th %ile)

Prevalence of Overweight and Obesity, by Sex



■Boys (solid)

☐Girls (hashed)

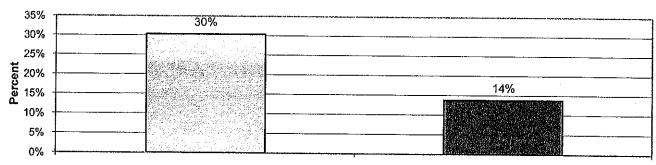
Meddle School

Summary of Children's BMI-for-Age

| | Boys | Girls | Total |
|------------------------------------|------|-------|------------|
| Number of children assessed: | 232 | 233 | 465 |
| Underweight (< 5th %ile) | 3% | 3% | 3% |
| Normal BMI (5th - 85th %ile) | 67% | 66% | 67% |
| Overweight or obese (≥ 85th %ile)* | 30% | 31% | 30% |
| Obese (≥ 95th %ile) | 12% | 15% | 30% 14% |

*Terminology based on: Barlow SE and the Expert Committee. Expert committee recommendations regarding the prevention, assessment, and treatment of child and adolescent overweight and obesity: summary report. Pediatrics. 2007;120 (suppl 4):s164-92.

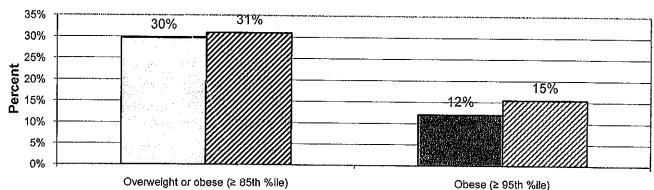
Prevalence of Overweight and Obesity



Overweight or obese (≥ 85th %ile)

Obese (≥ 95th %ile)

Prevalence of Overweight and Obesity, by Sex



■Boys (solid)

☐Girls (hashed)

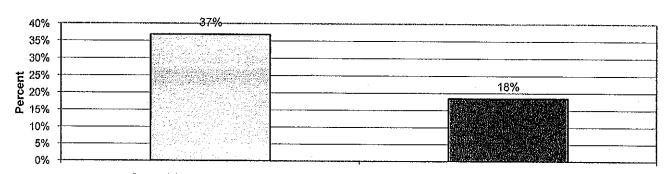
High School

Summary of Children's BMI-for-Age

| | Boys | <u>Girls</u> | Total |
|------------------------------------|------|--------------|------------------|
| Number of children assessed: | 411 | 371 | 782 |
| Underweight (< 5th %ile) | 0% | 0% | 0% 63% 37% |
| Normal BMI (5th - 85th %ile) | 63% | 63% | 63% |
| Overweight or obese (≥ 85th %ile)* | 37% | 37% | 37% |
| Obese (≥ 95th %ile) | 20% | 16% | 18% |

Terminology based on: Barlow SE and the Expert Committee. Expert committee recommendations regarding the prevention, assessment, and treatment of child and adolescent overweight and obesity; summary report, Pediatrics. 2007;120 (suppl 4):s164-92.

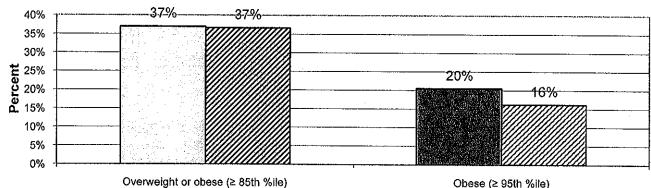
Prevalence of Overweight and Obesity



Overweight or obese (≥ 85th %ile)

Obese (≥ 95th %ile)

Prevalence of Overweight and Obesity, by Sex



■Boys (solid) ☐Girls (hashed) Obese (≥ 95th %ile)

The IHSA governs the equitable participation in interscholastic athletics and activities that enrich the educational experience.

February 21, 2011

Mr. Mike Haugse Geneseo High School 700 N. State St. Geneseo, IL 61254

Dear Mr. Haugse,

On behalf of the IHSA, I would like to thank you for hosting the IHSA Sectional Individual Events Tournament at your school. The willingness of schools to host is necessary for this activity to flourish. Your outstanding facility provided an excellent setting for a successful Sectional Tournament to happen.

Also the dedication of Harvey Green and Emily Ericson as managers of the tournament ensured the quality of the event. Managing a tournament like this is no easy task. A big THANK YOU to Harvey is necessary for all the time and effort given.

Thanks again and I hope you will consider hosting in the future.

Sincerely,

Susan M. Knoblauch

Assistant Executive Director

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SMK/cc

CC: Harvey Green Emily Ericson

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The IHSA governs the equitable participation in interscholastic athletics and activities that enrich the educational experience.

February 23, 2011

Mr. Mike Haugse Geneseo High School 700 N. State St. Geneseo, IL 61254

Dear Mr. Haugse,

Now that the Illinois High School Association (IHSA) State Speech Finals are over, we wanted to take a moment to thank you for allowing Harvey Green and Emily Ericson to serve on the state final committee this year. As you know, we here at the IHSA could not conduct championships without the help of countless volunteers and your school stepped up to the offer to assist by allowing your speech coaches to work the tab room at the competition. We appreciate all of your help and have enjoyed our working relationship with your school.

During the state finals at the Peoria Civic Center, Emily was a wonderful part of our team. Your coach provided the leadership that guided our volunteer staff in understanding that their job was vital to our tournament's success. Thus, we headed into the weekend prepared and enthusiastic! Coach Ericson represented the IHSA with a blend of efficiency and passion, all the while behind the scenes troubleshooting and making sure everything was running smoothly. Because of her help, we were able to applaud the successes and point to those few things that we need to change so that the competition continues to grow and reflect its educational mission.

We genuinely love working with Harvey and Emily and are so pleased that the IHSA and Geneseo High School continue to have a great working relationship, one we look forward to for years to come.

Truly,

Susan M. Knoblauch

Sugar M. Knoblauch

IHSA Assistant Executive Director

SMK/cc

CC: Harvey Green
Emily Frieson

Emily Ericson