Geneseo CUSD#228 Food Allergy Management Plan

Appendix A: District 228 Approved Safe Snack List

Geneseo Safe Snack List (nut-free products)

Only items on this list will be accepted in the classroom

Food **<u>must</u>** be store bought in specific brand names and come in original packaging (not homemade)

CANDY		
CANDY	Airheads	Runts
	Charms lollipops	Skittles
	DOTS brand	Smarties
	Dum Dum suckers	Sour Patch kids
	Fun Dip	Spangler candy canes
	Hershey's milk chocolate kisses, plain chocolate bars (not king	Spangler Saf-T-Pops
	or mini), chocolate chips	Starburst
	Jolly Ranchers	Starburst jellybeans
	Junior Mints	Sunrise candy corn
	Laffy Taffy	Swedish Fish (original)
	Life Savers	Sweet Tarts
	Mike & Ikes	Tootsie caramel apple suckers
	Nerds & Nerds Rope	Tootsie Roll brand
	Pixie Sticks	Trolli & Haribo gummies
	Pop Rocks	Twizzlers
	Ring Pops	Wonka Sweet Tarts
	Rolos	
CEREAL	Cheerios (plain)	Malt-O-Meal-Golden Puffs, Cinnamon Toasters,
CEREAL		
	Cinnamon Toast Crunch	berry Colossal Crunch, Tootie Fruities, Frosted Mini
	General Mills Wheat, Rice or Corn Chex	Spooners
	Golden Grahams	Nature Tails-Fruit & Grain bars-Apple cinnamon,
	Kellogg's Fruit Loops	Blueberry & Strawberry
	Kellogg's Nutri-Grain cereal bars-apple, blueberry,	Post Alpha Bits
	strawberry, cherry	Quaker Oatmeal Squares
	Kiggins-Fruity Ringers, Apple Bobbers, Fruity Puffs, Honey	Trix
	Graham Crunch, Lunar Mallows, Cinnamon Crunch, Hoot'n	Fareway - Crispy Rice, Tasteeos (oat & multigrain),
	Honey, shredded wheat, frosted shredded wheat, Rollin	Cocoa Chrunchies, Frosted Shredded Wheat, Crispy
	Oats.	Hexagons, Corn Squares, Rice Squares, Magic Stars,
	Kix	& Fruit Rings.
	Lucky Charms	ærrun nings.
CHIPS		Conora Varda Diva Tartilla Corr China Dita cira
CHIPS	Frito Lay brand: Cheetos, Doritos, Sun-chips, Potato Chips,	Senora Verde-Blue Tortilla Corn Chips, Bite size
	Ruffles, Tostitos, Rold Gold or Kitchen Cooked pretzels,	tortilla chips
	Pirate Booty, Chester popcorn, Kitchen Cooked popcorn	Fareway Brand of the following: Tortilla chips
	J. Higgs-Classic Potato Chips (smooth or ripple), Original &	(Yellow corn, Mini Rounds, White Corn, Nacho
	Chili Cheese Cornies,	Cheese & Blue Corn), Cheese Puffs, Cheese Balls,
	Extreme Ranch & Nacho Cheese tortilla chips, Flavor Mix	Cheese Curls, Corn Chips, Potato Chips (all
	(indiv. Bags). Traditional & Bold flavor Party Mix, Cheezie	varieties), Veggie chips & straws, Cheddar cheese
	Puffs, Crunchy and Cheese Balls, Thin Pretzel sticks and	popcorn, Corn Pops, Carmel Corn pops, Old fashion
	mini twists.	Carmel Corn.
	Pringles,	Pop Chips
	i i ingles,	Santitas Tortilla Chips
COOVIES		
COOKIES	Chips Ahoy thin crisps	Mrs. Fieshley's-Oatmeal Pies
	Chips Ahoy-original or mini	Nabisco 100 calorie packs
	Gamesa-Sugar wafers	Oreo thin crisps, shortbread crisps
	Keebler Mini Fudge Strips	Oreos-regular or golden
	Keebler vanilla wafers	Pepperidge Farm ginger bread cookies
CRACKERS	Austin-Cheddar cheese crackers	Nabisco Nips
	Barnum Animal Crackers	Nabisco or Keebler gram crackers (Bug bites,
	Breadsticks w/ cheese	Scooby doo, Spiderman)
	Chees-it and Munchies Party Mix	Nabisco Teddy Grahams
	H&S Cheese bites, shite cheddar cheese bites, Buttery	Pepperidge Farm Goldfish
	Rounds, Penguins	Pretzels w/ cheese
		Ritz
	J. Higgs Brand-original crackers, woven wheat, classic	
	wheat, cheese bites	Sunshine Cheez-its
	Jungle Jammers Animal crackers & Dippables Cheese Sticks	Townhouse
	Kraft Handi-snacks	Wheat Thins
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CRACKERS Cont.	Lecour's-Honey & Cinnamon Graham Crackers & Vanillas	Barnum's Animal Crackers, Honey Maid Graham
	Nabisco Air Crisps	crackers (Original, Cinnamon, Honey, Vanilla &
	Nabisco Nips	Chocolate)
	Nabisco or Keebler gram crackers (Bug bites, Scooby doo,	Fareway Brand Crackers: Honey Graham, Rich &
	Spiderman)	Crisp, Cheese, Snackers, & Thin wheat)
	Nabisco Air Crisps	
DAIRY/CHEESE	Coburn Farms string cheese, Cheddar cheese sticks, Colby	Snack Pack & Ginger Evans pudding cups
	Jack sticks	Yo-Whoa portable yogurt tubes
	Cream cheese – plain or strawberry	Yogurt
	Go-Gurt	Fareway Brand of: String Cheese, Colby Jack sticks
	Kraft string or cubed cheese	& Reduced Fat String Cheese
	Pudding cups	Crystal Farms brand: String Cheese, Marbel Jacks
		Sticks & Light String Cheese
DRINKS	Juice boxes	
	Low fat or skim milk	
FRATEN ON A OVO	Water	
FROZEN SNACKS	Breyers /Blue Bunny vanilla ice cream	Sherbet cups
	Breyers fruit bars	Swiss Miss Fudge bars
	Dole	World's Fair-Strawberry fruit bars, Junior Pops, Ice
	Edy's fruit bars Healthy Choice or Yoplait Greek Frozen yogurt	Cream sandwiches, Fudge Bars, Orange Cream Bars, Ice Cream Bars & Vanilla Ice Cream
	Luigi's or Marino's Italian ice cups	Kemps: Ice Cream Sandwiches (Chocolate chip
	Minute Maid juice bars, orangeade, limeade cups	cookie dough, vanilla, chocolate chip)
	Philly Swirl frozen treats	Pop-ice (freeze at home)
	Popsicles	Kool-Pops (freeze at home)
FRUITS	Apples	
(examples)	Applesauce	
(champles)	Bananas	
	Fruit cups	
	Jell-O cups	
	Oranges	
	Raisins	
FRUIT SNACKS	Betty Crocker	Welch's
	GM	Stony Field – Strawberry & Mixed Berry
	Kellogg's	Betty Crocker – Scooby Doo, Gushers
	Mott's-Scooby Doo, Fruit Flips-Fruit flavored snacks	
VEGETABLES	Broccoli	
(examples)	Carrots	
	Cauliflower	
OTHER	Enjoy Life grand (Schnucks, Hy-Vee)	Mission flour tortillas
	Joy or Keebler sugar cones	Pillsbury, Betty Crocker or Hy-Vee vanilla or
	Kellogg's Rice Krispie treats (plain)	chocolate frosting
	Hershey's chocolate syrup	Pop Tart crisps
	Kraft marshmallows	Riddi-whip whipped topping
	Kraft ranch dressing	Salsa
	Lender's Bagels	The Bakery brand Mini Cupcakes (Wal-Mart)
	Lunch meats	

ITEMS SHOWN IN RED ARE AVAILABLE AT SAVE-A-LOT STORES. ITEMS SHOWN IN BLUE ARE AVAILABLE AT STORES.

If a student has a documented allergy to any of the above items, that item is not allowed in the classroom as a snack option.

Please always check labels as ingredients can change.

Items may NOT contain nuts or be made in a facility that uses shared equipment.

Geneseo CUSD #228 does not promote certain brand names, nor does it consider all items on this Safe Snack to be healthy.